



Congratulations! Today is an exciting day for everyone!

Now that Phase I treatment has been completed, your child is entering Phase I retention. Completion of orthodontic treatment does not guarantee perfectly straight teeth forever. As the patient continues to lose baby teeth & adult teeth erupt, it is possible that the patient may need Phase II treatment in order to achieve straight permanent teeth & address any future concerns you or the doctor may have in regards to the position of your child's teeth or bite.

Retainers are required to keep the teeth in their new positions. Regular retainer wear is often necessary over your lifetime as a body is continually undergoing growth and maturation. Minor irregularities, particularly in the front teeth may occur. In summary, retainers keep the teeth as straight as possible, but even with good retainer wear, the teeth may still slightly move. Phase I retainers are required to help maintain the position of your child's teeth and hold any bite correction that has been achieved. The doctor will monitor your child's growth and development at appropriate intervals to determine the best time to start Phase II (if needed).

#### Consent for Removal of Braces/Appliances

- ☐ I am pleased with my/my child's smile and CONSENT to the removal of the braces/appliances.
- ☐ I am NOT pleased with my/my child's smile and DO NOT CONSENT to the removal of the braces/appliances.

#### Important Information

I understand the following:

1. It is my responsibility to pick up all retainer(s) promptly as instructed by the doctor. It is my responsibility to replace ill-fitting and/or broken retainers as soon as possible to prevent shifting. The office is not responsible for any shifting that may occur due to retainers not being replaced/picked up as advised.
2. The removable retainer(s) must be worn 24 hours a day (including sleeping) for the first 6 weeks, followed by night-time only wear until instructed otherwise by the doctor.
3. If the retainers are not worn as instructed, the teeth will shift! The office is not responsible for any shifting that may occur due to retainers not being worn as prescribed.
4. Any scheduled retention appointments with the doctor must be kept, and that all removable retainers must be brought to the retention appointments.



5. It's important to continue seeing the pediatric or general dentist for regular cleanings and check-up appointments.
6. Retainers should feel snug and comfortable with no poking and/or rough areas. Ensure the retainers are fully seated on all the contact points.
7. Always remove the retainers from the back to front. Start in the back on one side and "walk it out."
8. As primary teeth come out and adult teeth erupt, the retainers will still fit well for quite a while, as they are made in such a way to allow this. However, if the retainers do not fully seat and/or impede the exfoliating baby teeth and/or prevent eruption of the adult teeth, please call our office immediately.
9. Our retainers are made from durable plastic; however, they can break and/or wear down over time. The time it takes for the retainers to wear down varies from patient to patient, and depends upon many factors, including patient-specific habits. Handle them gently to avoid breakage and maximize the life of your retainers.
10. Retainers should be placed in the case when they are not in your mouth. Pets absolutely love to eat them! Retainers can be thrown away easily if they are wrapped in a napkin or placed on a lunch tray or plate. The case is the safest place for retainers. Retainers should never be placed into the microwave, on the stove, in hot water, or in direct sunlight. Doing so can cause the retainers to melt, distort and not fit properly.
11. Thoroughly clean your retainers daily with 3-minute denture cleaning tablets in lukewarm water. It's best not to scrub your retainers with toothpaste or soak them in Listerine, as this may cause them to become cloudy and/or give them a scratched appearance.
12. If a bonded retainer has been placed, a first time breakage may be repaired at no cost, unless the damage is due to patient negligence. If more than one breakage occurs, the doctor will assess the repairs needed and will determine whether or not a removable retainer is in the patient's best interest instead.
13. The doctor will evaluate the patient every 6-12 months for Phase II readiness.

☐ I understand the above information. I have had the opportunity to ask any questions & I have had those questions adequately answered. I am ready to provide consent to remove all appliances.