



Congratulations! Today is an exciting day for everyone!

Now that treatment has been completed, we're entering an important retention phase. Completion of orthodontic treatment does not guarantee perfectly straight teeth forever, however. Believe it or not, teeth have memory and often try to move back to their original positions. Retainers are required to keep your teeth in their new, perfect positions. Regular retainer wear is necessary to protect your investment.

Consent for Removal of Braces/Appliances

- ☐ I am pleased with my/my child's smile and CONSENT to the removal of the braces/appliances.
- ☐ I am NOT pleased with my/my child's smile and DO NOT CONSENT to the removal of the braces/appliances.

Important Information

I understand the following:

1. It is my responsibility to pick up all retainer(s) promptly as instructed by the doctor. It is my responsibility to replace ill-fitting and/or broken retainers as soon as possible to prevent shifting. The office is not responsible for any shifting that may occur due to retainers not being replaced/picked up as advised.
2. If the retainers are not worn as instructed, the teeth will shift! The office is not responsible for any shifting that may occur due to retainers not being worn as prescribed.
3. For braces patients:
 - a. The removable retainer(s) must be worn 24 hours a day (including sleeping) for the first 6 weeks, followed by night-time only wear until instructed otherwise by the doctor, for the rest of the patient's life.
4. For Invisalign patients:
 - a. Wear a removable retainer(s) night-time only for the rest of the patient's life.
5. Retainers should feel snug and comfortable with no poking and/or rough areas. Ensure the retainers are fully seated on all the contact points.
6. It's important to maintain any scheduled retention appointments with the doctor, and to bring all removable retainers to retention appointments.
7. The patient must continue to see the pediatric or general dentist for regular cleanings and check-up appointments.
8. Call the office immediately if the patient's retainer breaks or is not fitting properly.



9. Always remove the retainers from the back to front. Start in the back on one side and "walk it out" slowly.
10. Our retainers are made from durable plastic; however, they can break and/or wear down over time. The time it takes for the retainers to wear down varies from patient to patient, and depends upon many factors, including patient-specific habits. Handle them gently to avoid breakage and maximize the life of retainers.
11. Retainers should be placed in the case when they are not in the patient's mouth. Pets absolutely love to eat them! Retainers can be thrown away easily if they are wrapped in a napkin or placed on a lunch tray or plate. The case is the safest place for retainers. Retainers should never be placed into the microwave, on the stove, in hot water, or in direct sunlight. Doing so can cause the retainers to melt, distort and not fit properly.
12. Thoroughly clean retainers daily with 3-minute denture cleaning tablets in lukewarm water. It's best not to scrub retainers with toothpaste or soak them in Listerine, as this may cause them to become cloudy and/or give them a scratched appearance.
13. If a bonded retainer has been placed, a first-time breakage may be repaired at no cost, unless the damage is due to patient negligence. If more than one breakage occurs, the doctor will assess the repairs needed, determine a fee for repair/replacement, and may determine whether or not a removable retainer is in the patient's best interest instead.

☐ I understand the above information. I have had the opportunity to ask any questions & I have had those questions adequately answered. I am ready to provide consent to remove all appliances.